Thursday, 26 October 2023



Rous Public School Newsletter

Principal - Krystal Jenkins



Principal's Message

Term 4 - Week 3

Dear Rous Families,

We are looking forward to a fun day tomorrow.

This year, we wanted to invite families into our classrooms to be a part of the learning. We value you as the first teacher in your child's life and we want to extend that respect by working beside you in the classroom.

Open classrooms will start at 9.20am in K/1 & 1/2. After this, parents with multiple children can pop over and visit the 3/4 & 5/6 classrooms at 9:50am. We will then transition to the shelter for our book week parade and assembly. Remember it is dress up day - come as your favourite book character!

The next two weeks will be filled with swimming for our K-6 classes. Our K-2 students swim after lunch, followed by Year 3-6 students. It is a busy time. Please make sure everything is clearly labelled, as lots of clothing and items tend to get lost quickly.

Our Year 6 students will start the very important transition to high school next Friday. Alstonville High School is offering two half day sessions on the 3rd and 21st November. Then a full day on the 28th November. This is a very exciting step for our students. We are here to support them every step of the way.

The road works look to be complete, we will start using that space again for pick up and drop off starting next Monday. We thank you for your patience and respect during this change.

Attendance at school is a high priority for all NSW Department Schools. It is vital your child attends school every day. This includes arriving to school on time. All absences need to be explained, or they will become unjustified. If your child is late, please walk them to the office and explain the absence, otherwise it is unjustified. Permission from myself needs to be granted before you commence, long term (holiday leave). Connection and well-being is the number one reason we promote students being on time and at school every day, except in the case of sickness.

Thank you for working as a positive team for the best interest of your child.

Kindly Krystal



Upcoming Events

Fri 27 Oct - Open classroom morning and Book Week Parade

Mon 30 Oct - Fri 3 Nov - Book Fair

Mon 30 Oct - Fri 10 Nov - K-6 Swimming Program

Tue 30 Oct - Year 5 STEM Day @ Kadina High School

Wed 1 Nov - Questacon Science Circus

Thu 2 Nov - Small School's Chess and Draughts
Competition

Fri 3 Nov - Reconciliation Action Plan (RAP) meeting

Wed 15 Nov - Russ the Story Bus visit

Wednesday 15, 22 and 29 Nov - Kindergarten Transition Mornings

Tue 12 Dec - School Concert and Presentation Evening

Fri 15 Dec - Last Day for Students and Staff



Rous Public School Parent Information Sessions

We are thrilled to invite you to our Kindergarten Orientation Parent Information sessions. These sessions are designed to provide valuable insights into what school will look like for your child next year and beyond. They are open to all parents and will run between 9:00 AM and 11:30 AM in conjunction with classroom activities for students.

Throughout the morning, you will have the opportunity to learn from all our dedicated teachers. We will cover a range of key topics, ensuring that you are well-prepared for the significant journey ahead.

While these sessions will equip you with knowledge and resources to support your child's growth and development in their early years of schooling, they will also be an opportunity to meet other parents and school staff and ask more questions.

Mark your calendar for the dates below and make the most of this opportunity to engage with our Rous Public School learning community. We look forward to seeing you.



| DAY 2: 22 NOV | | | |
|--------------------|--|--|--|
| Sport | | | |
| Confident Learners | | | |
| Q&A | | | |
| | | | |

| reative Arts |
|--------------|
| reduve Arts |
| fathematics |
| &A |
| |

Please RSVP to (02) 6629 5294 or rous-p.school@det.nsw.edu.au so we can accommodate you comfortably and have adequate copies of resources available.

Keep our kids safe and Shut the Gate!!

Please close the school gates when you are entering and leaving our school grounds.



Parent App

Available now!

Download on the App Store or Google Play by clicking the image below.



- Get real time push notification from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and



RECONCILIATION ACTION PLAN

Our Reconciliation Action Plan team will be meeting next week. Come along to contribute your thoughts. All Welcome!

> FRI 3 NOV 2023 8:30AM

School Bytes

We encourage you to download the School Bytes App and utilise the online payment method for all school payments. You can also view and access your child's flood funds balance.

Since transitioning to this method last term, most families are finding process quick and easy to use.

If you are not yet using the App, please download and register.

If you require any assistance with this, please contact the office.

School Swimming and Water Safety Program

Our School Swimming and Water Safety program begins next week. All students are required to participate in this program, as it is a compulsory unit in the curriculum.

Thank you to all the families that have already returned their permission notes and payment. Please return ASAP if you have not done so already.

Please ensure your child's belongings are clearly labelled.



Aboriginal Acknowledgement

We acknowledge the Widjabul Wia-bal people of the Bundjalung Nation, the Traditional Owners and ongoing Custodians of the land on which we work and play here at Rous Public School.

We honour the ancestors of our local country and their connection to land, sea and community.

We pay our respects to Elders, past and present and emerging.



PBL Awards

K/1 - Macey C

1/2 - William H

3/4 - Kaleb J

5/6 - Lacey G

Class Awards

K/1

- Angus F
- Will W
- Clancy T

1/2

- · Arwin C
- Angus F
- Gemma J

3/4

- Arahbella C
- Molly M
- Bella V

5/6

- Griffin M
- Dom T
- Sophie P

- Principal Awards -

K/1

Freya L - for showing respect to our playground and taking care of the sports equipment.

1/2

Lylah D - for showing respect to our playground and taking care of the sports equipment.

3/4

William H - for outstanding display of our PBL values.

5/6

Isaac B - for working hard in all classroom activities.



2023 Scholastic Book Fair

Our Book Fair has arrived.....

Books will be on display and available for purchase from Monday, 30 October until Wednesday, 8 November 2023.

Purchasing will be available during lunchtime each day.

P&C News

Calling all Volunteers



Tuesday, 14 November 2023 6:30pm @ Rous PS

Next P&C Meeting

All Welcome!

If there are any garden lovers out there in our Rous PS community willing to volunteer their time to help with our schools raised garden beds, please email the P&C at:

rouspublicschoolpandc@gmail.com

We are also looking for volunteers to help with jobs such as manning the gate etc. on Saturday, 28 October at the Alstonville Show.

Only a couple of gaps to fill on our Canteen Roster, if you can help, please contact the committee to add your name to the roster.

Email: rouspublicschoolpandc+canteen@gmail.com

The P&C Canteen Committee is pleased to announce another **Sushi Day**, to be held on Friday 10th November.

Please place your orders by Wednesday 8th November. Preferred method of ordering is through the Spriggy Schools app via the 'Events' tab.

Twin roll packs \$6.50 each

Fillings options available are:

- Avocado (GF) Crispy Chicken with Avocado
- Chicken Teriyaki Tuna Mayo (GF)

Normal canteen menu also available (with normal order cut-off time) via the usual ordering methods.

Term 4 - Canteen Roster

| Week | Helper 1 | Helper 2 |
|--------------------------------|----------|-----------|
| Wk 3 - 27 Oct | Libby S | Tasha |
| Wk 4 - 3 Nov | Kirby | Katie |
| Wk 5 - 10 Nov - SUSHI DAY - | Libby S | Charlotte |
| Wk 6 - 17 Nov | Tasha | Maz |
| Wk 7 - 24 Nov | Libby S | Zoe |
| Wk 8 - 1 Dec | Kirby | Katie |
| Wk 9 - 8 Dec | Libby S | |
| Wk 10 - 15 Dec | Maz | Julia |

Nutrition Snippet

WHAT'S IN SEASON FOR SPRING?

Buying seasonal fruit and veg is cheaper, tastier and better quality.





Healthy Lunch Box

The change in seasons brings a plentiful supply of vegies such as zucchini, spinach and tomatoes. Give these recipes a go:

- Zucchini and corn fritters
- Homemade tomato pasta sauce

Find these recipes and more on our seasonal blog at healthylunchbox.com.au/blog/whats-in-season-for-spring/

Cancer Council

Ballina Salvage Shed DESIGN & CREATE AN ORIGINAL LETTERBOX Design Design a functional and practical letterbox with creative, artistic flair. Recycle Use at least 80% recycled/reclaimed materials to create your letterbox Grab your family, friends or class and enjoy the creative process while reusing materials that may otherwise be regarded as waste Win Cash prizes to be won: Under 12 years \$50; 12 -18 years \$100; Open \$150 For further info and entry forms, head to www.ballina.nsw.gov.au/salvageshed or visit the Ballina Salvage Shed, 167 Southern Cross Drive, Ballina. Entries to be dropped off to the Salvage Shed by Saturday, 28 October (terms and conditions apply). Winners announced during National Recycling Week, with exhibition on 18 November. Get creative and get recycling. Good luck!



18 YEARS AND OVER ONLY

When: 4th November 2023

Where: Wollongbar Public School Hall
Time: 2pm-6pm (arrival 1.30pm)
BYO Drinks- Strictly 18years and over.
Price: \$60pp includes all art supplies, grazing plate

and a glass of sparkling wine on arrival

To reserve your spot either head to the Flexischool

App, send your money and details into the

school office or contact Anna on 0410 594 676 or Jacki on 0439 792 019

Numbers are strictly limited.

| Name: | Phone | |
|----------------------|--|---|
| Email | Number of Tickets | |
| Payment type (pleas | circle) Cash or bank deposit | Y |
| Account Details: Wol | ongbar Parents and Citizen Association | |
| BSB: 062-565 Accour | t: 0090 0734 | Ç |

Please email the form to:wollongbarpc@hotmail.com or drop it to the office. Flexischool orders are processed online so this form does not need to be completed.